## How to restore PST file data into IMAP Accounts

Step 1: Install and launch the Kernel IMAP Backup and Restore software.

Step 2: On the software's homepage, click on IMAP Restore tile.



Step 3: Click on Add in the Add Source tile.



**Step 4:** Select the **PST** file you want to import into IMAP accounts and click **Open**.

	Open				×	
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	Organize 👻 New folde	er		BE .		
0	3D Objects ^	Name	Date modified	Туре	Size	
-	E Desktop	OUTLOOK.PST	1/23/2024 11:17 AM	Outlook Data File	265 KB	
OST/	Documents	Test Files.PST	1/23/2024 12:49 PM	Outlook Data File	72,681 KB	+
	<ul> <li>Downloads</li> <li>Music</li> <li>Pictures</li> <li>Videos</li> <li>W (C:)</li> <li>IT-Team (D:)</li> <li>My Works (E:)</li> <li>Network</li> </ul>	QH Testing,PST	1/23/2024 12:50 PM	Outlook Data File	54,825 KB	
	v	<			>	
	File na	ame: OUTLOOK.PST	~	Outlook Data File(s)	(*.pst, *.os ~	
				Open	Cancel	

Step 5: Click on Add in the Add Destination tile.



**Step 6:** In the **Connect to IMAP Mailbox** window, enter IMAP account credentials such as **Server Name/IP**, **User Email/Login Id**, **Password**, and **Port Number**. Also, you can **Connect Server via Proxy** by entering **Server Name** and **Port Number**.

After entering credentials, click **Add**.

		Conr	nect to IMAP Mailbo	x				
1 🌰 ü	E 🛛 🚺	MAIL		Others	Error co	nnecting Gm	ail / IMAP	
Server Name/IP:	1000.0000.000	6			Please ch	neck the followi	ng details :	
User Email/Login Id:	tel article@genat.com				1. Turn Or and IM Turn on	n the access of "Le AP" ( Got to accou	ess Secure Ap int - security a access )	<b>pp</b> nd
Password: Port Number:	101				2. Use the have en "Turn O MFA.)"	<b>'App Password'</b> abled 2 Step Verifi ff the 2 Step Verifi	to sign in, if yo ication / MFA, cation / Disab	OR DR DIE th
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Port Number:			-		ІМАР	Mail Server Conne	ction Settings:	
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					IMAP Server	Non-Encrypeted	AUTH	143
	Add Ca	ncel				Sécuré (TLS)	StortTLS	143

## Step 7: Select Destination Account and click on Set Filter and

## Migrate option.

	Kernel Imp	ort PST to IMAP	
Kernel			
Source PST/OST file	es	Destination Mailbox(es)	
1 Con E: Van Samples VPST I	File Samples OUTLOOK PST	+ 1 com	
2			
Please map the Source Account	s with the Destination Accounts below and cl PST / OST File(s)	ick 'Set Filter and Migrate'. Then choose Mailbox, Archive mailbox and Public Destination Account	folder for migration.
Please map the Source Account	s with the Destination Accounts below and cl PST / OST File(s) File Samples/OUTLOOK.PST	ick 'Set Filter and Migrate'. Then choose Mailbox, Archive mailbox and Public Destination Account	folder for migration.
Please map the Source Account 1 0 E.\\Samples\PST F	is with the Destination Accounts below and cl PST / OST File(s) File Samples OUTLOOK PST	ick 'Set Filter and Migrate'. Then choose Mailbox, Archive mailbox and Public Destination Account .com	folder for migration.
Please map the Source Account 1 Samples\PST F	s with the Destination Accounts below and cl PST / OST File(s) File Samples\OUTLOOK.PST	ick 'Set Filter and Migrate'. Then choose Mailbox, Archive mailbox and Public Destination Account com	folder for migration.
Please map the Source Account 1 D E.V. \Samples\PST F	is with the Destination Accounts below and cl PST / OST. File(s) File Samples OUTLOOK.PST	ick 'Set Filter and Migrate'. Then choose Mailbox, Archive mailbox and Public Destination Account .com .com	folder for migration.
Please map the Source Account 1 0 = E.\\Samples\PST F	s with the Destination Accounts below and cl PST / OST File(a) File Samples OUTLOOK PST	ick 'Set Filter and Migrate'. Then choose Mailbox, Archive mailbox and Public Destination Account .com	folder for migration.

Step 8: The software will start and show the live Enumerating

folders process.

Kernel				
Source PST/OST files		Destination Mailbo	ox(es)	
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	Please wait.	. ×	]	
		0 %		
Please map the Source Accounts with the Destination			thive mailbox and Public fol	der for migration.
PST / OST     De E:\um\Samples\PST File Samples\OUTLOOK.		Cancel	Destination Account	

Step 9: In the Filter Selection window, select the necessary filters from:

- **Review PST Folders to Migrate:** Select specific folders or data from selected PST files.
- **Date Filter:** Select From and To date to restore specific data according to date.
- **Exclude deleted folder:** Skip restoring deleted folders in IMAP accounts.
- **Exclude empty folders:** Select this option to exclude empty folders from the restoring process.
- Select if you want to save all data hierarchy into a separate folder: Restore data in a selective folder in the destination IMAP account.
- Same as source file name: Check this option to restore data in destination as source name.
- Set operation timeout for larger emails while uploading/downloading: If data takes longer than the selected time, the software will skip that data from being imported into the IMAP account.
- Skip Previously Migrated Items (Incremental): It will restore incremental data in the destination IMAP account.
- Select if migrating to Office365 Group: Restore PST data in Office 365 Group.

After applying all the essential filters, click I am OK, Start Migration.

	Folder Path	Item Count	<b>A</b>
Sear	ch D	Search	ρ
P	ST File(s): E:\ \\Samples\PST File Samples\OUTL	OOK.PST	
	Deleted Items	0	
	🗹 Inbox	0	
	✓ Outbox	0	
	Sent Items	0	
	🗹 Calendar	0	
	Contacts	0	
	✓ Drafts	0	
	✓ Journal	0	
	Notes .		•
] Date Filter From:	12/30/2024	1)	
Date Filter From:	I2/30/2024 To: 12/30/2024 r To: 12/30/2024 r	()	
] Date Filter From: ] Exclude Del ] Exclude em	12/30/2024     □▼     To:     12/30/2024     □▼       leted folder       pty folders       u want to save all data bierarchy into a separate folder	1)	
] Date Filter From: ] Exclude Del ] Exclude em ] Select if you	I2/30/2024 To: 12/30/2024 To: 12/30/2024 ↓ To: 12/30/2024 ↓ ▼	.0	
] Date Filter From: ] Exclude Del ] Exclude em   Select if you	I2/30/2024 To: I2/30/2024 r teted folder pty folders u want to save all data hierarchy into a separate folder √ Same as sour	ce file name	
Date Filter From: Exclude Del Exclude em Select if you	12/30/2024       □▼         To:       12/30/2024         Image: Second state of the	ce file name	
Date Filter From: Exclude Del Exclude em Select if you toperation	12/30/2024       □▼       To:       12/30/2024       □▼         leted folder       pty folders       u want to save all data hierarchy into a separate folder         u want to save all data hierarchy into a separate folder       ✓ Same as sour         timeout for larger emails while uploading/downloading         usly Migrated Items (Incremental )	ce file name	

**Step 10:** The software will start and show the live restore process.

PST File	Folder	Status	Item Count
E:\\Samples\OUTLOOK.PST	Deleted Items	Success	1781
E:\\Samples\OUTLOOK.PST	Inbox	Processing	45
E:\\Samples\OUTLOOK.PST	Inbox\Advertising	Pending	56
E: \ \Samples \OUTLOOK.PST	Inbox\Applicati	Pending	25
E:\\Samples\OUTLOOK.PST	Inbox\ARCSI	Pending	18
E:\==\Samples\OUTLOOK.PST	Inbox\Clean Fo	Pending	16
E:\\Samples\OUTLOOK.PST	Inbox\Client Em	Pending	4
E:\\Samples\OUTLOOK.PST	Inbox\Credit C	Pending	176
E:\==\Samples\OUTLOOK.PST	Inbox\Database	Pending	7
E:\\Samples\OUTLOOK.PST	Inbox\Eagletreerv	Pending	1
E:\ \\Samples\OUTLOOK.PST	Inbox\Europe	Pending	35
E:\\Samples\OUTLOOK.PST	Inbox\Graphic	Pending	67
E:\\Samples\OUTLOOK.PST	Inbox\GSDBA	Pending	4
E:\\Samples\OUTLOOK.PST	Inbox\Insurance	Pending	7
E:\\Samples\OUTLOOK.PST	Inbox/MasterMind	Pending	74
E:\ \Samples\OUTLOOK.PST	Inbox\Online Q	Pending	387
E:\==\Samples\OUTLOOK.PST	Inbox\Payroll	Pending	11
E:\\Samples\OUTLOOK.PST	Inbox\Personal	Pending	63
E:\\Samples\OUTLOOK.PST	Inbox\Quixtar	Pending	4 .
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Step 11: Once the restore process is completed, the software will pop

up **"Process completed. Please save the report to CSV"** message and click OK.

PST File	Folder	Status	Item Count
E:\\Samples\OUTLOOK.PST	Deleted Items	Success	1781
E:\==\Samples\OUTLOOK.PST	Inbox	Success	45
E:\\Samples\OUTLOOK.PST	Inbox\Advertising	Success	56
E:\\Samples\OUTLOOK.PST	Inbox\Applicati	Success	25
E: \ == \Samples \OUTLOOK.PST	Inbox\ARCSI	Success	18
E:\    \Samples\OUTLOOK.PST	Inbox\Clean Fo	Success	16
E:\ \\Samples\OUTLOOK.PST	Inbox\Client Em	Success	4
E:\ \Samples\OUTLOOK.PST			176
E:\==\Samples\OUTLOOK.PST	Information	×	7
E:\\Samples\OUTLOOK.PST			1
E:\==\Samples\OUTLOOK.PST	Process completed Pl	ease save the report to CSV	35
E:\\Samples\OUTLOOK.PST	riocess completed. ri	case save the report to esv	67
E:\ \ \Samples\OUTLOOK.PST			4
E:\\Samples\OUTLOOK.PST		OK	7
E:\\Samples\OUTLOOK.PST			74
E:\\Samples\OUTLOOK.PST	Inbox\Online Q	Success	387
E:\\Samples\OUTLOOK.PST	Inbox\Payroll	Success	11
E:\ /////Samples\OUTLOOK.PST	Inbox\Personal	Success	63
E:\\Samples\OUTLOOK.PST	Inbox\Quixtar	Success	4 .
4			E F

**Step 12:** Click the **Save report to CSV** option to generate and download a detailed restore report.

PST File	Folder	Status	Item Count
E:\\Samples\OUTLOOK.PST	Deleted Items	Success	1781
E:\==\Samples\OUTLOOK.PST	Inbox	Success	45
E:\ \\Samples\OUTLOOK.PST	Inbox\Advertising	Success	56
E:\\Samples\OUTLOOK.PST	Inbox\Applicati	Success	25
E:\.== \Samples \OUTLOOK.PST	Inbox\ARCSI	Success	18
E:\ \ \Samples\OUTLOOK.PST	Inbox\Clean Fo	Success	16
E:\==\Samples\OUTLOOK.PST	Inbox\Client Em	Success	4
E:\\Samples\OUTLOOK.PST	Inbox\Credit C	Success	176
E:\===\Samples\OUTLOOK.PST	Inbox\Database	Success	7
E:\ \\Samples\OUTLOOK.PST	Inbox\Eagletreerv	Success	1
E:\ \\ \Samples\OUTLOOK.PST	Inbox\Europe	Success	35
E:\\Samples\OUTLOOK.PST	Inbox\Graphic	Success	67
E:\ \ \Samples\OUTLOOK.PST	Inbox\GSDBA	Success	4
E:\.== \Samples \OUTLOOK.PST	Inbox\Insurance	Success	7
E:\==\Samples\OUTLOOK.PST	Inbox\MasterMind	Success	74
E:\ \Samples\OUTLOOK.PST	Inbox\Online Q	Success	387
E:\ \Samples\OUTLOOK.PST	Inbox\Payroll	Success	11
E:\.== \Samples \OUTLOOK.PST	Inbox\Personal	Success	63
E:\ \\ \Samples\OUTLOOK.PST	Inbox\Quixtar	Success	4
4			•

**Step 13:** Select the destination folder to **Save** the restore report.

Save As						×
← → • ↑ 🖣	→ This PC → Downloads	~	õ	Search Downloads		P
Organize 🔻 Ne	ew folder				•	0
<ul> <li>3D Objects</li> <li>Desktop</li> <li>Documents</li> <li>Downloads</li> <li>Music</li> <li>Pictures</li> <li>Videos</li> <li>W (C:)</li> <li>IT-Team (D:)</li> <li>My Works (E:</li> </ul>	Today (2) IMAP Restore Last week (1) An					
File name:	Restore report					~
Save as type:	CSV Files (*.csv)					~
∧ Hide Folders				Save	Cancel	

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**Step 14:** Click **OK** to close the restore process.

PST File	Folder	Status	Item Count
E:\ \Samples\OUTLOOK.PST	Deleted Items	Success	1781
E:\=_\Samples\OUTLOOK.PST	Inbox	Success	45
E:\\Samples\OUTLOOK.PST	Inbox\Advertising	Success	56
E:\ \Samples\OUTLOOK.PST	Inbox\Applicati	Success	25
E:\\Samples\OUTLOOK.PST	Inbox\ARCSI	Success	18
E:\/////Samples\OUTLOOK.PST	Inbox\Clean Fo	Success	16
E:\/////Samples\OUTLOOK.PST	Inbox\Client Em	Success	4
E:\////Samples\OUTLOOK.PST	Inbox\Credit C	Success	176
E:\\Samples\OUTLOOK.PST	Inbox\Database	Success	7
E:\\Samples\OUTLOOK.PST	Inbox\Eagletreerv	Success	1
E:\\Samples\OUTLOOK.PST	Inbox\Europe	Success	35
E:\\Samples\OUTLOOK.PST	Inbox\Graphic	Success	67
E:\ \Samples\OUTLOOK.PST	Inbox\GSDBA	Success	4
E:\\Samples\OUTLOOK.PST	Inbox\Insurance	Success	7
E:\Samples\OUTLOOK.PST	Inbox\MasterMind	Success	74
E:\\Samples\OUTLOOK.PST	Inbox\Online Q	Success	387
E:\\Samples\OUTLOOK.PST	Inbox\Payroll	Success	11
E:\\Samples\OUTLOOK.PST	Inbox\Personal	Success	63
E:\ \\ \Samples\OUTLOOK.PST	Inbox\Quixtar	Success	4 .
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