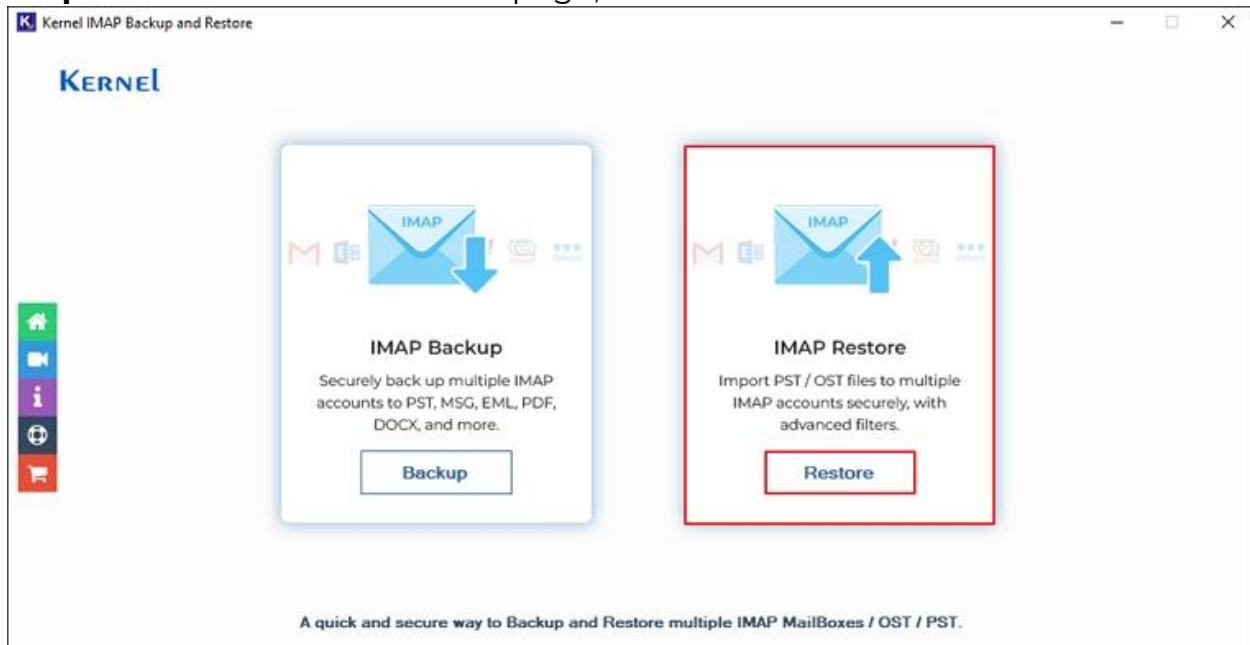


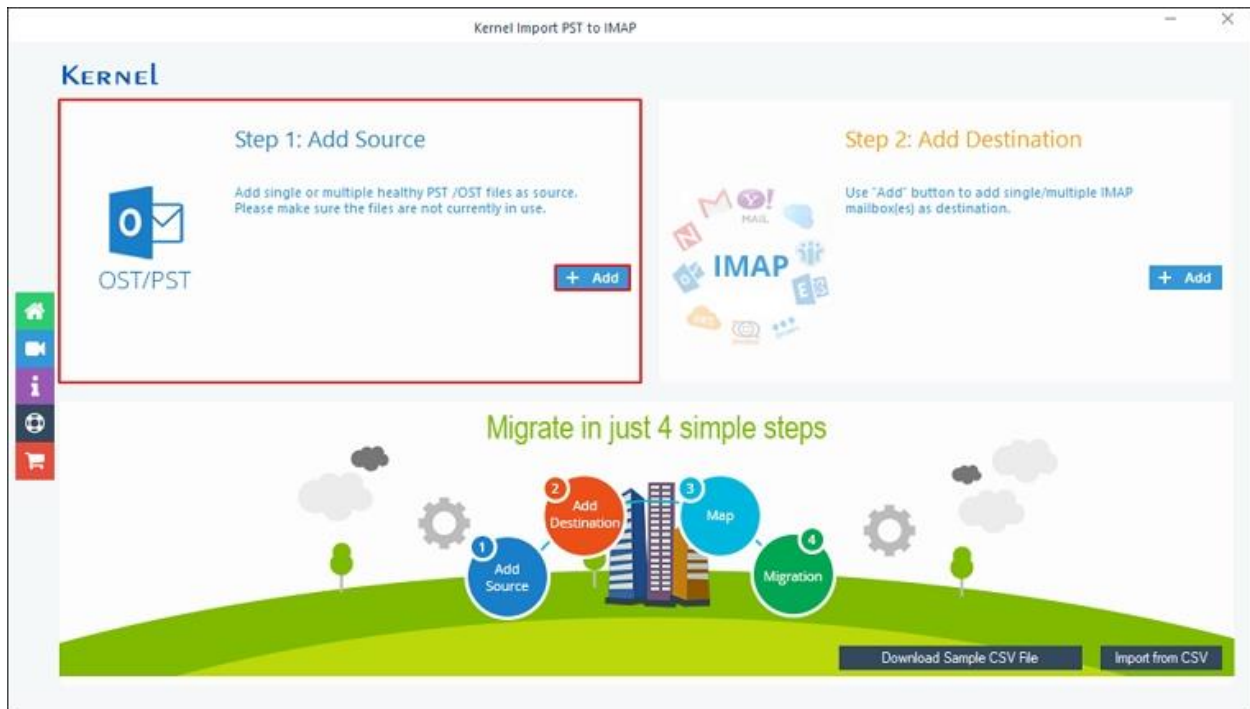
How to restore PST file data into IMAP Accounts

Step 1: Install and launch the **Kernel IMAP Backup and Restore** software.

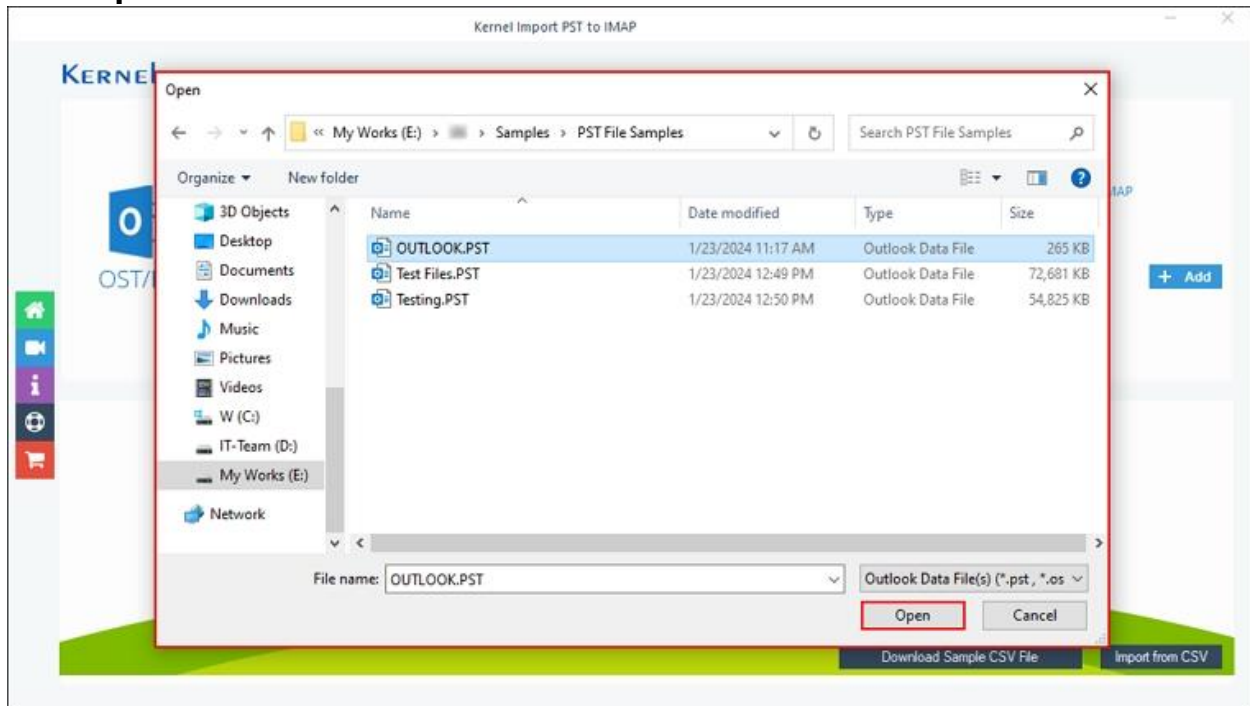
Step 2: On the software's homepage, click on **IMAP Restore** tile.



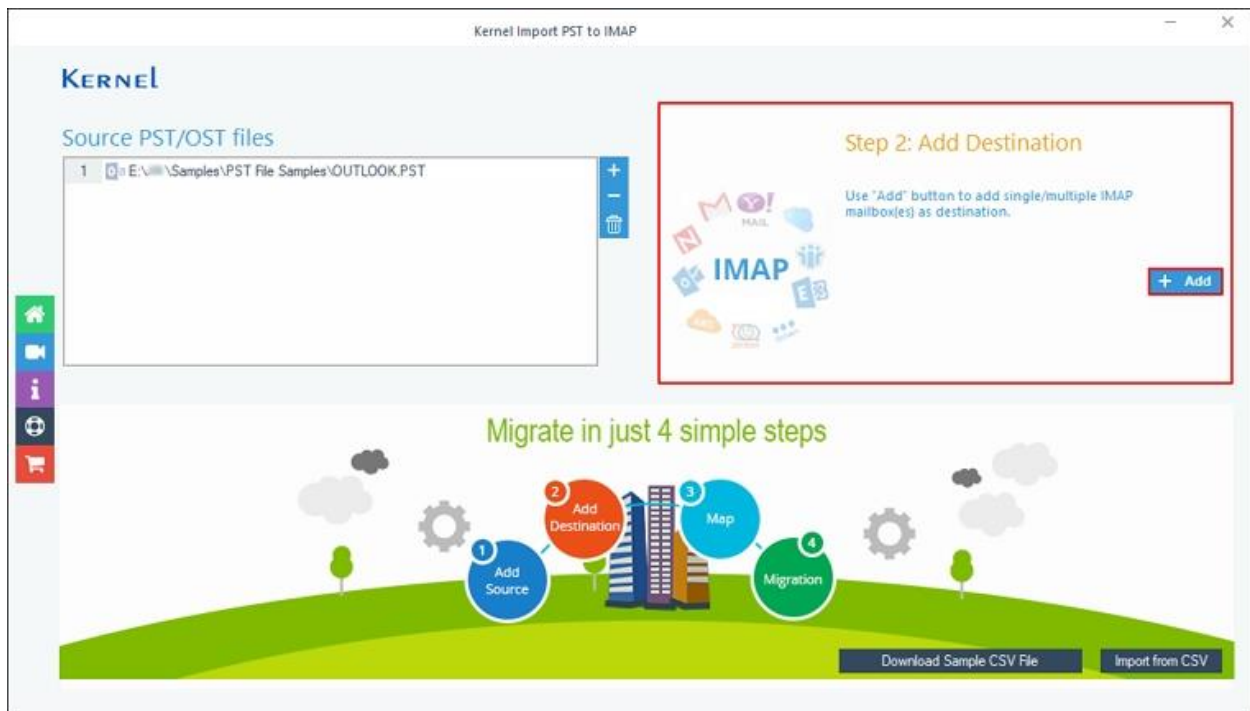
Step 3: Click on **Add** in the **Add Source** tile.



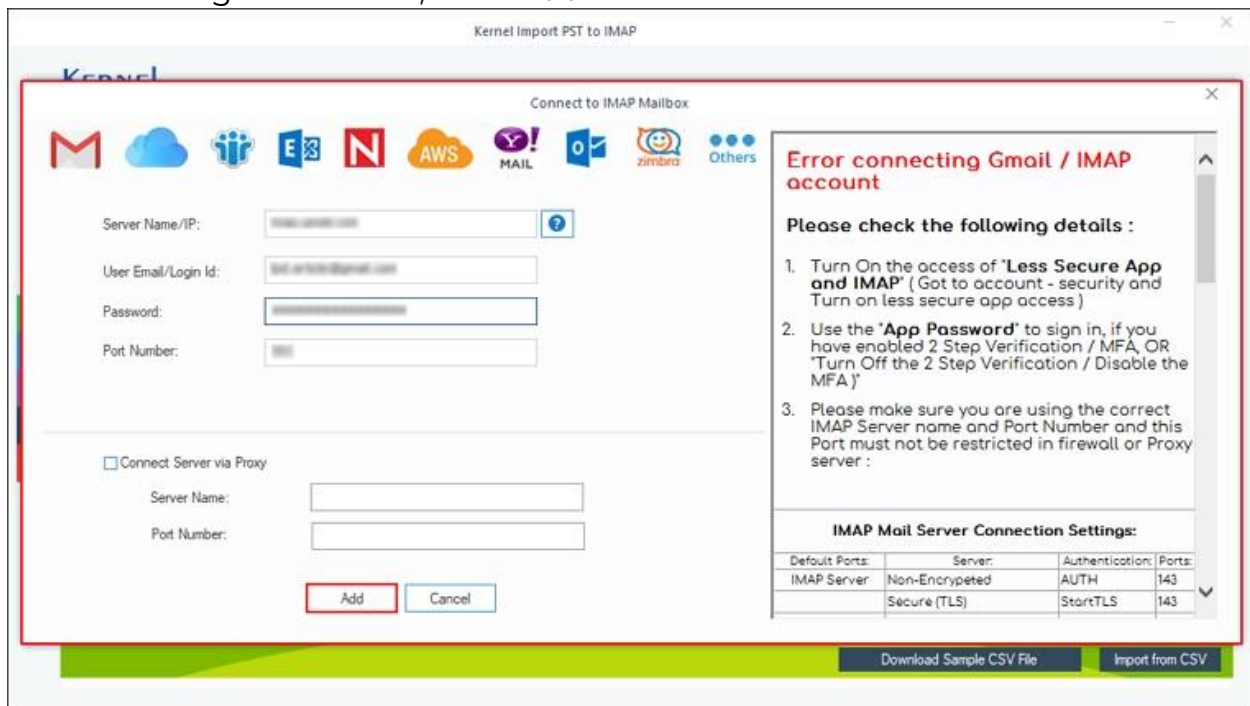
Step 4: Select the **PST** file you want to import into IMAP accounts and click **Open**.



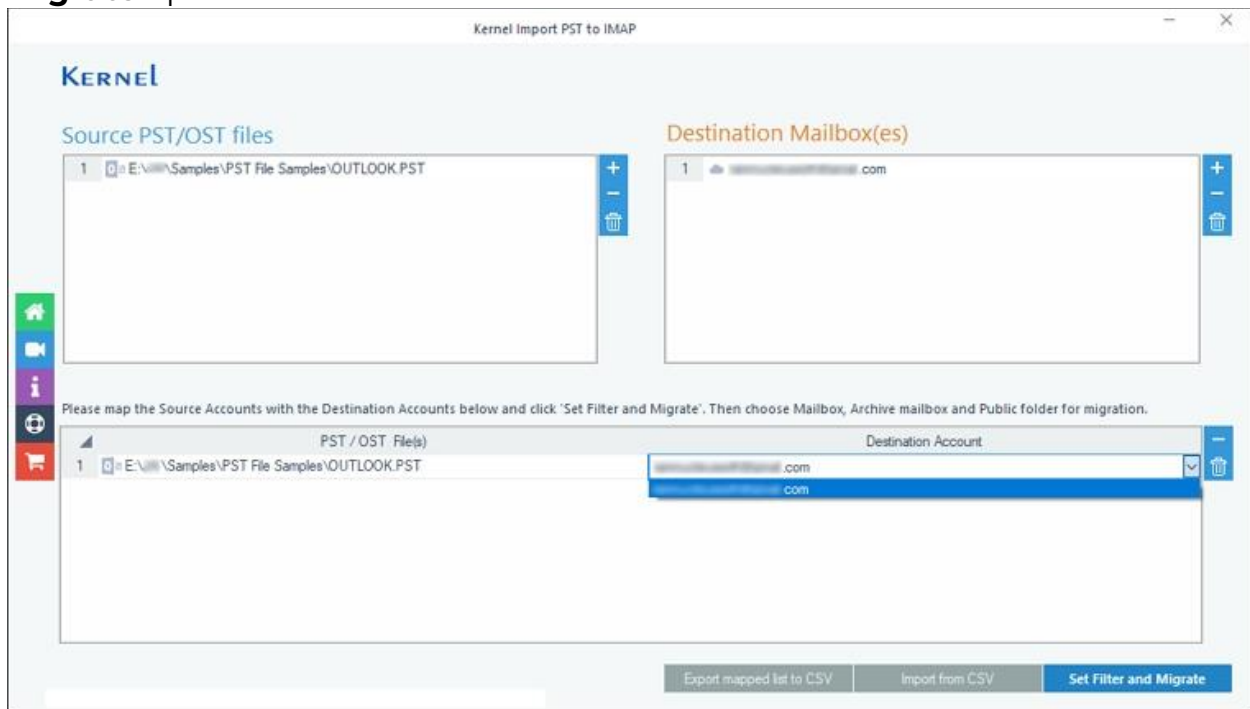
Step 5: Click on **Add** in the **Add Destination** tile.



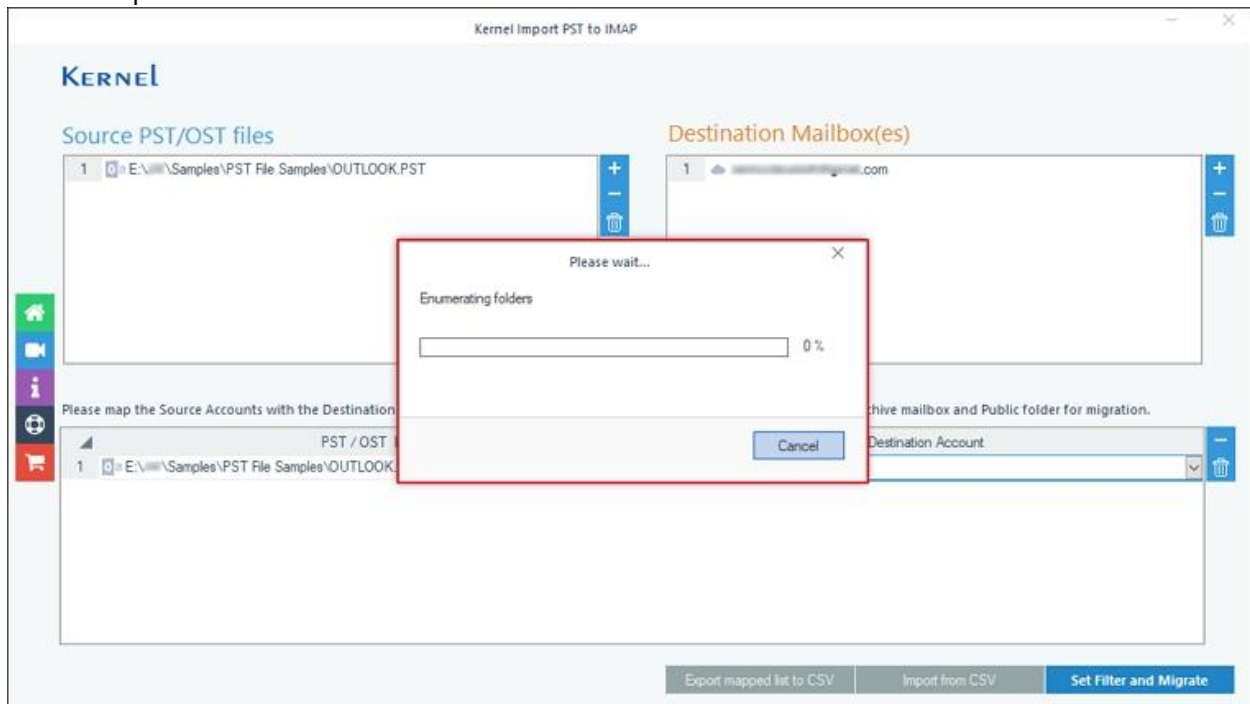
Step 6: In the **Connect to IMAP Mailbox** window, enter IMAP account credentials such as **Server Name/IP**, **User Email/Login Id**, **Password**, and **Port Number**. Also, you can **Connect Server via Proxy** by entering **Server Name** and **Port Number**. After entering credentials, click **Add**.



Step 7: Select **Destination Account** and click on **Set Filter and Migrate** option.



Step 8: The software will start and show the live **Enumerating folders** process.



Step 9: In the **Filter Selection** window, select the necessary filters from:

- **Review PST Folders to Migrate:** Select specific folders or data from selected PST files.
- **Date Filter:** Select From and To date to restore specific data according to date.
- **Exclude deleted folder:** Skip restoring deleted folders in IMAP accounts.
- **Exclude empty folders:** Select this option to exclude empty folders from the restoring process.
- **Select if you want to save all data hierarchy into a separate folder:** Restore data in a selective folder in the destination IMAP account.
- **Same as source file name:** Check this option to restore data in destination as source name.
- **Set operation timeout for larger emails while uploading/downloading:** If data takes longer than the selected time, the software will skip that data from being imported into the IMAP account.
- **Skip Previously Migrated Items (Incremental):** It will restore incremental data in the destination IMAP account.
- **Select if migrating to Office365 Group:** Restore PST data in Office 365 Group.

After applying all the essential filters, click **I am OK, Start Migration**.

Filter Selection

Review PST Folders to Migrate

Folder Path	Item Count
Search..	
PST File(s): E:\Samples\PST File Samples\OUTLOOK.PST ☒ Deleted Items 0	
☒ Inbox 0	
☒ Outbox 0	
☒ Sent Items 0	
☒ Calendar 0	
☒ Contacts 0	
☒ Drafts 0	
☒ Journal 0	
☒ Notes 0	

☒ Date Filter

From: 12/30/2024

To: 12/30/2024

☒ Exclude Deleted folder
☒ Exclude empty folders
☒ Select if you want to save all data hierarchy into a separate folder

☒ Same as source file name

Set operation timeout for larger emails while uploading/downloading

20 Min

☒ Skip Previously Migrated Items (Incremental)
☒ Select if migrating to Office365 Group

Cancel

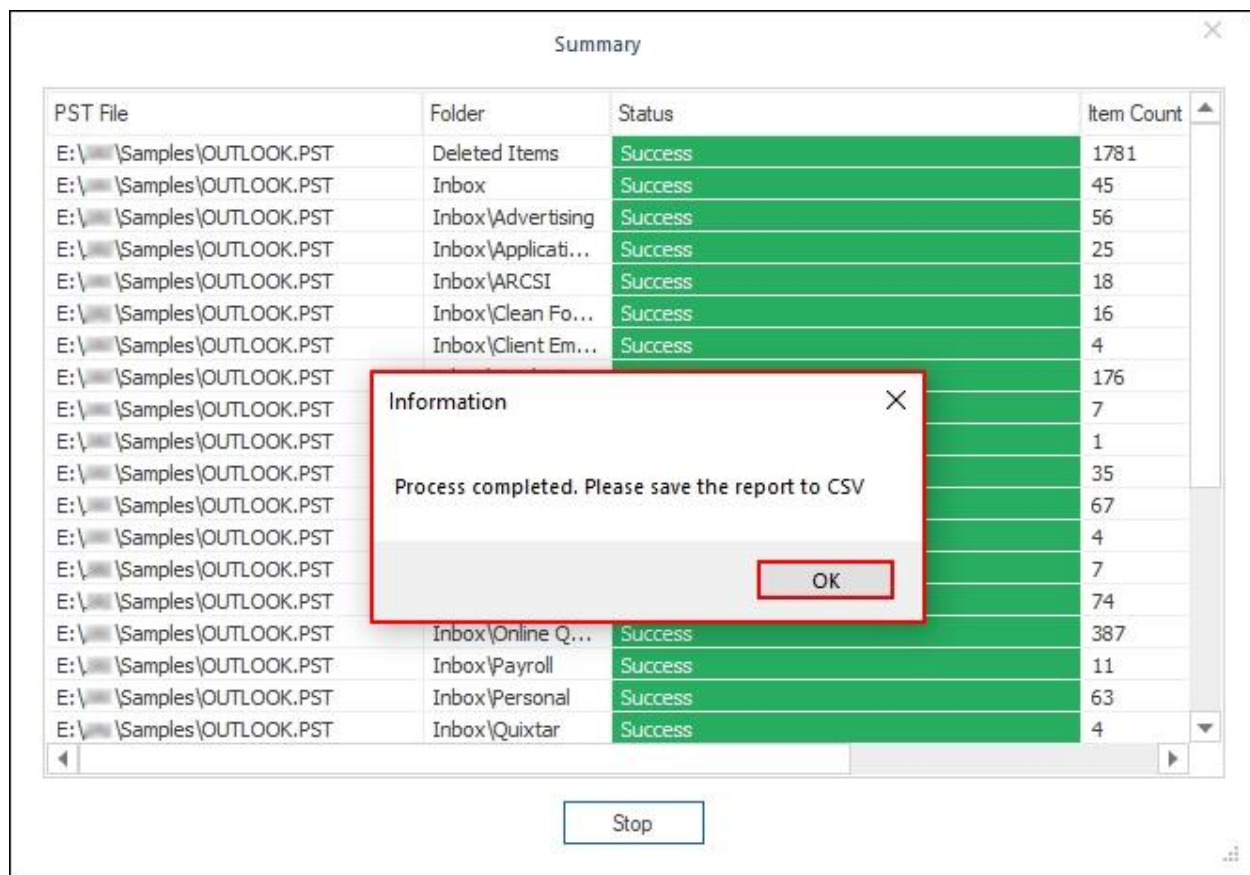
I am OK, Start Migration

Step 10: The software will start and show the live restore process.

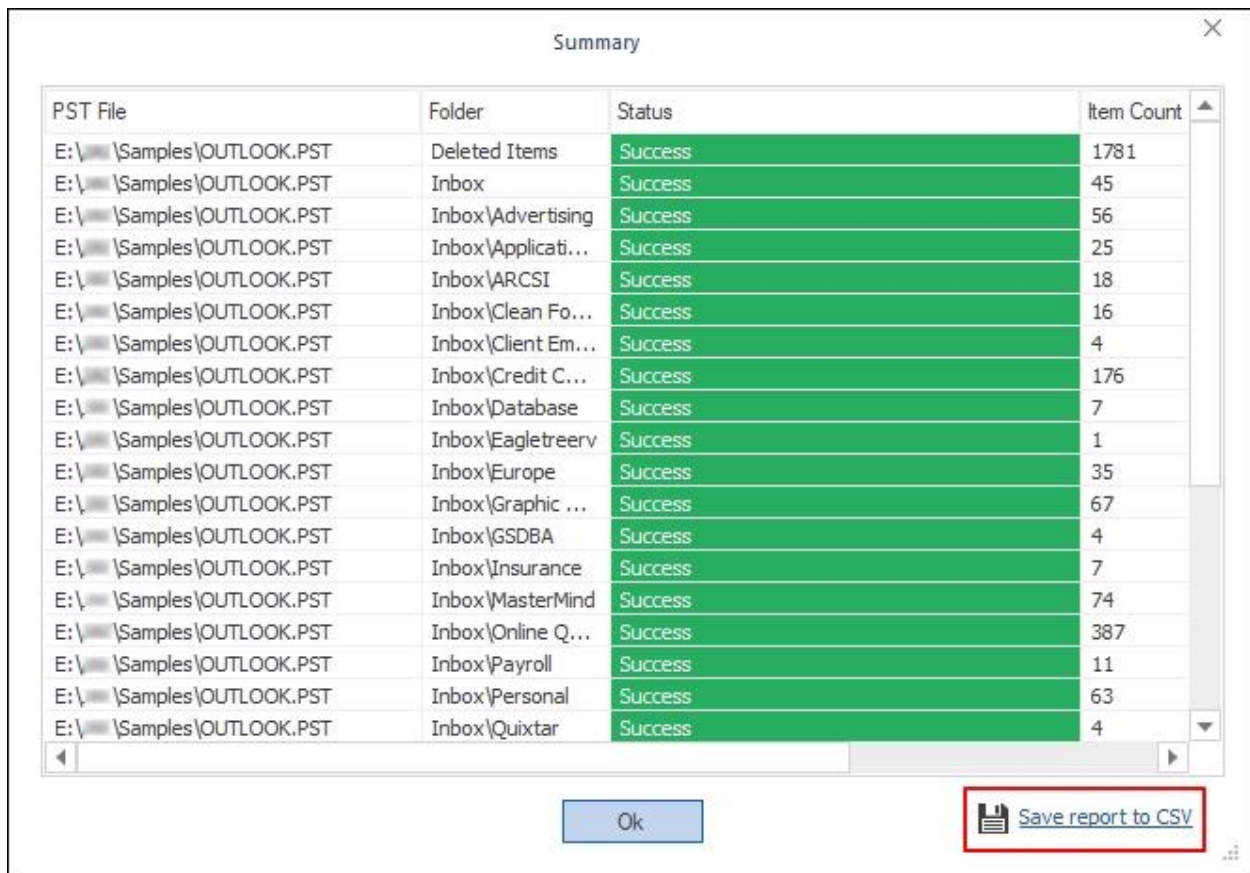
PST File	Folder	Status	Item Count
E:\Samples\OUTLOOK.PST	Deleted Items	Success	1781
E:\Samples\OUTLOOK.PST	Inbox	Processing..	45
E:\Samples\OUTLOOK.PST	Inbox\Advertising	Pending	56
E:\Samples\OUTLOOK.PST	Inbox\Applicati...	Pending	25
E:\Samples\OUTLOOK.PST	Inbox\ARCSI	Pending	18
E:\Samples\OUTLOOK.PST	Inbox\Clean Fo...	Pending	16
E:\Samples\OUTLOOK.PST	Inbox\Client Em...	Pending	4
E:\Samples\OUTLOOK.PST	Inbox\Credit C...	Pending	176
E:\Samples\OUTLOOK.PST	Inbox\Database	Pending	7
E:\Samples\OUTLOOK.PST	Inbox\Eagletreerv	Pending	1
E:\Samples\OUTLOOK.PST	Inbox\Europe	Pending	35
E:\Samples\OUTLOOK.PST	Inbox\Graphic ...	Pending	67
E:\Samples\OUTLOOK.PST	Inbox\GSDBA	Pending	4
E:\Samples\OUTLOOK.PST	Inbox\Insurance	Pending	7
E:\Samples\OUTLOOK.PST	Inbox\MasterMind	Pending	74
E:\Samples\OUTLOOK.PST	Inbox\Online Q...	Pending	387
E:\Samples\OUTLOOK.PST	Inbox\Payroll	Pending	11
E:\Samples\OUTLOOK.PST	Inbox\Personal	Pending	63
E:\Samples\OUTLOOK.PST	Inbox\Quixtar	Pending	4

Stop

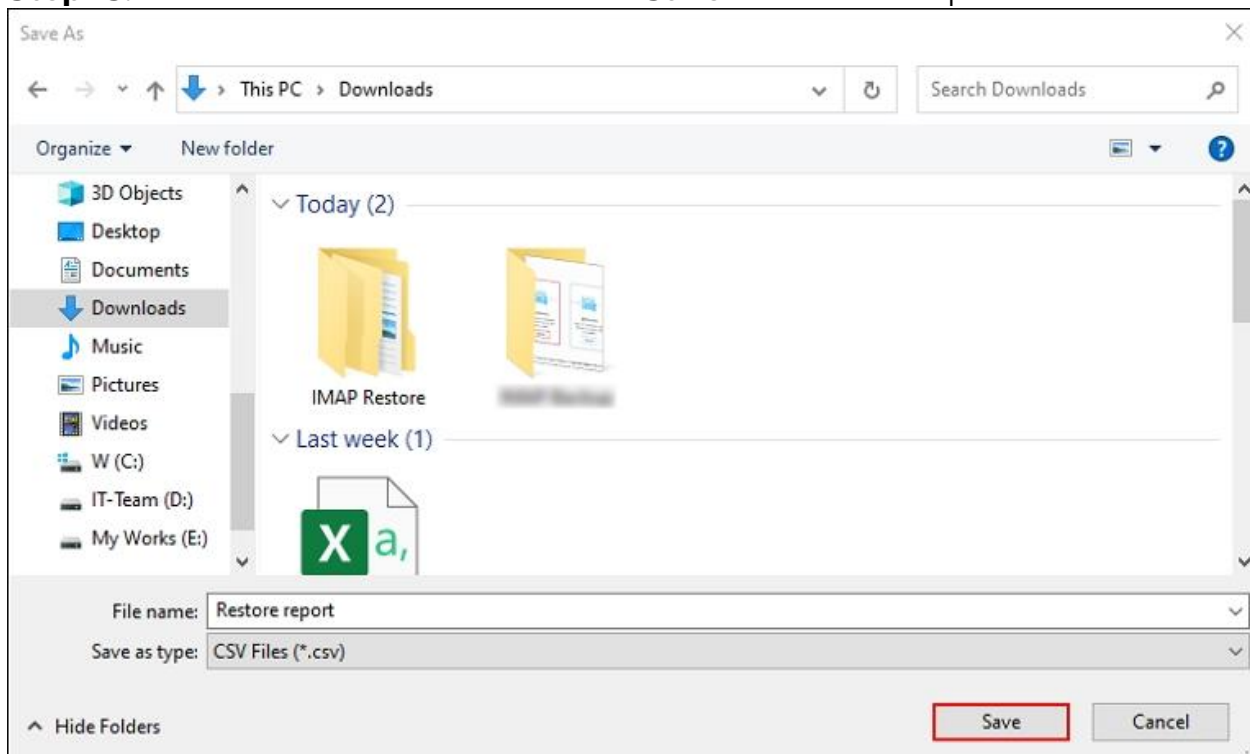
Step 11: Once the restore process is completed, the software will pop up **“Process completed. Please save the report to CSV”** message and click OK.



Step 12: Click the **Save report to CSV** option to generate and download a detailed restore report.



Step 13: Select the destination folder to **Save** the restore report.



Step 14: Click **OK** to close the restore process.

Summary



PST File	Folder	Status	Item Count
E:\Samples\OUTLOOK.PST	Deleted Items	Success	1781
E:\Samples\OUTLOOK.PST	Inbox	Success	45
E:\Samples\OUTLOOK.PST	Inbox\Advertising	Success	56
E:\Samples\OUTLOOK.PST	Inbox\Applicati...	Success	25
E:\Samples\OUTLOOK.PST	Inbox\ARCSI	Success	18
E:\Samples\OUTLOOK.PST	Inbox\Clean Fo...	Success	16
E:\Samples\OUTLOOK.PST	Inbox\Client Em...	Success	4
E:\Samples\OUTLOOK.PST	Inbox\Credit C...	Success	176
E:\Samples\OUTLOOK.PST	Inbox\Database	Success	7
E:\Samples\OUTLOOK.PST	Inbox\Eagletreerv	Success	1
E:\Samples\OUTLOOK.PST	Inbox\Europe	Success	35
E:\Samples\OUTLOOK.PST	Inbox\Graphic ...	Success	67
E:\Samples\OUTLOOK.PST	Inbox\GSDBA	Success	4
E:\Samples\OUTLOOK.PST	Inbox\Insurance	Success	7
E:\Samples\OUTLOOK.PST	Inbox\MasterMind	Success	74
E:\Samples\OUTLOOK.PST	Inbox\Online Q...	Success	387
E:\Samples\OUTLOOK.PST	Inbox\Payroll	Success	11
E:\Samples\OUTLOOK.PST	Inbox\Personal	Success	63
E:\Samples\OUTLOOK.PST	Inbox\Quixtar	Success	4

Ok

 [Save report to CSV](#)