MOTKO®

Bridging Through Sports



Motko® is a diversified well-being company. Licensed Works with WELL partner, Motko® helps companies, real estate stakeholders and governments create healthier, happier and better performing communities.

Motko® operates a wellness technology division and a real estate consulting division. Our community-based wellness platform for companies elevates employees' engagement, health levels and retention. According to employees, collaborating with team members and building relationships are top-needs for the office. Motko® creates opportunities for people to connect with each other through sports and wellness, strenghtening social cohesion and well-being in an organization.

Motko® is committed to promoting and supporting United Nation's Sustainable Development Goals (UN SDGs) for businesses and communities globally.



Ensure healthy lives and promote well-being for all at all ages.



Achieve gender equality and empower all women and girls.



Reduce inequality within and among countries.





motko@motko.co



@motkomoving



www.motko.co



@motko



Whether you're on or off the field, in a meeting or board room, engagement matters.



Workplace can be a powerful venue to shape and enhance people's habits.

MOTKO® **Sportify Business**



From empowering resources to exciting firmwide events, Motko® helps employees to feel well, be well and perform well.

Why Employees Love Motko®



Personal

Find practical information for your physical, mental & emotional health.



Meaningful **Connections**

We all want to be a part of a community. Meet the like-minded and bond with others.



Levity and Humour Don't we all enjoy a good day?



Genie in an App

Struggling with teamwork? Want to improve your tennis game? Just ask.



Awareness

We raise awareness on health and wellbeing topics in a light, nonjudgemental way, fostering actions.

An inclusive community and physical activity are the best ways how to build health, increase happiness and improve productivity.

S Let's Make it Happen!



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We support Initiatives

- One Tree Planted
- The Ocean Cleanup
- Meat Free Monday