



HEALTHY TRIM



- ✔ Join to change your lifestyle to improve your gut health and lose weight.
- ✔ Get a personalized meal plan with portion sizes and ingredients for the home-cooked meals.
- ✔ Nutritional supplements with instructions to support weight loss.
- ✔ Personalized inspirations and communications backed by artificial intelligence technology and managed by a team of well-being professionals to support your weight loss journey.

Lose weight in a healthier way!



EMPLOYERS



SIGN UP



EARN

*Healthy & Productive
Employee Culture*



EMPLOYERS

*Easy to tailor
Easy to deploy*



MEMBERS

*Easy to use
Easy to enjoy*



FEATURES



Managed onboarding and enrollment for the eligible participants.



Members can access the online app using a website URL or via the **Healthy Trim** mobile app on apple store or google play.



Aggregated and anonymous participation, engagement, and performance reports to the employer.



Includes digital posters and brochures to promote the weight loss program.



Employers can cover or share the cost of nutritional supplements with their members.

HEALTHY TRIM CASE STUDY

Average weight loss
in 4 weeks

10-15 lbs