

FriskaAi

World's First Trusted AI-Healthcare Companion for Individual Care, EMR Workflow, and Population Health at Scale

FriskaAi is an AI-powered health engagement platform built to deliver personalized preventive care and sustained adherence across enterprise populations.

Designed for large health systems, health plans, self-insured employers, and digital health platforms, FriskaAi provides continuous, personalized health guidance beyond episodic care—without increasing clinical or operational burden. It operates as an **assistive AI health companion**, complementing existing care and wellness programs.

What FriskaAi Does

FriskaAi generates personalized health recommendations using medically trained AI and evidence-aligned rules, based on:

- User check-ins and self-reported inputs
- Wearables and devices (activity, sleep, vitals, CGM)
- Lab values
- EMR data
- Doctor prescriptions and care instructions

FriskaAi supports metabolic health, lifestyle adherence, and preventive journeys between care touchpoints.

It **does not diagnose, does not treat, and does not replace clinical decision-making.**

Enterprise & EMR Integration

FriskaAi integrates directly into enterprise workflows:

- EMR read and write-back (summaries, reports)
- Workflow triggers for follow-ups and monitoring
- Enrolment and patient synchronization
- Structured patient summaries and ICD-mapped reports

Population Health Enablement

API-accessible capabilities include:

- Cohort segmentation
- Risk stratification
- Program-level dashboards

- Engagement and adherence metrics

Engagement & Human Oversight

FriskaAi delivers personalized AI-driven guidance alongside:

- Nutrition, fitness, and lifestyle education
- Medication reminders
- Wearable-based vitals and calorie tracking
- Fitness content and live group sessions
- Appointments with dietitians and fitness experts

Human oversight includes clinical content review, safety escalation, and program monitoring.

Security & Compliance

- HIPAA compliant
- Secure PHI handling
- Privacy-first architecture
- Enterprise-grade security and role-based access
- Regulatory-ready by design

Early Results

Early real-world pilots indicate improvements in glycemic control, blood pressure, sleep quality, and adherence, demonstrating FriskaAi's potential for scalable preventive health programs.

Deployment & Availability

API-first, embeddable, and white-label capable.

Deploy standalone or embedded within existing platforms.

Available via Microsoft Marketplace.

One-Line Summary

FriskaAi is an assistive AI health engagement platform enabling scalable preventive care and population health programs, securely and at enterprise scale.