



'10,000 steps' for the mind

joye

Joye in Microsoft Teams

Wellbeing 2.0: Micro Steps. Macro Impact.

The 'e' in Joye signifies making 'joy' a verb.

Become 1% better each day with ContextSmart self-care and Micro-learning of WorkLife skills. This enables employees to be the best version of themselves - emotionally, socially & professionally.

Welcome to Wellbeing 2.0. Productivity 2.0. Culture 2.0
In parallel, Joye Insights enable a responsive
management system to measure and better manage
the emotional health of your company.

You can improve it only when you start to measure it!



Benefits for the Employee

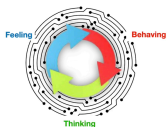
Be Your Best

Lifestyle, No-Stigma, Everyday Wellbeing

Emotional Fitness habit: "10,000 steps" for the mind

ContextSmart Self-Care.

Personalised advice to make every day great.



Build Smarts. Build Resilience.

Learn and Practice
Essential WorkLife skills

Communicate for Impact

Manage Workload Effectively

Ace your Reviews

Be cool. Manage Anger. 

Awareness drives Action.

Take charge of your
Emotional Fitness.



Private, Anonymised, Encrypted.

Employee's private information is not shared with the employer or anyone else.



Benefits for the Organisation

Measure it, to better Manage the Emotional Health of your company

Happier Employees are More Productive

Make HR Managers more Effective with a responsive Management System.

Increase Employee
Satisfaction & Productivity
with Resilient workforce.

1% better each day. Improve
Emotional Resilience with
WorkSmart skills.

Layers of actionable insights. Anonymised.
Customised Recommendations for your
unique scenario from our panel of experts.



Management System

Wellbeing Index

Resilience Index

Emotion Mix



Microsoft 365

Stay Well.
Work Smart.

Wellbeing 2.0

Wellbeing 1.0

- Stigma.
- Treatment.
- Reactive.
- Mobile apps.

EAPs

Counselling, Meditation & Sleep apps

For fewer employees



Lifestyle.
Fitness.
Proactive.

What's your joy level today?

For Everyone. Every day.

Are you ready for Wellbeing 2.0 ?

Do you wish your employees to become resilient to deal with stress?

Yes

No

Do you wish all your employees to benefit from your wellbeing programs?

Yes

No

Do you wish to see monthly trends on stress levels and morale?

Yes

No



Microsoft 365

It's time for Emotional Fitness.
Micro Steps. Macro Impact.

If you answered **Yes** for any of these,
please contact us at connect@joye.ai
You're ready for a demo and free trial of Wellbeing 2.0.



“ ”

I love Joye App, it helped me many times in recent days to overcome personal life challenges.



Thanks for making Joye what it is – a fantastic app to cope with stress and generate joy!

I rate 5 – very good experience with Joye.