# **Regain Software for Office365 Email Backup**

About Regain Office 365 Backup Tool:

The **Regain Office 365 Backup Tool** is an advanced, user-friendly software solution designed to back up and migrate Office 365 mailbox data securely. It ensures that all your important emails, attachments, contacts, calendars, and other crucial data are safely stored, preventing any potential loss due to unforeseen circumstances like server issues or accidental deletion.

This tool offers an intuitive interface, making it simple for both individual users and businesses to protect their Office 365 data. Not only does it back up data locally, but it also supports migration to other platforms, making it a versatile solution for users who are looking to manage their Office 365 data more effectively.

# Supported Backup Formats:

The **Regain Office 365 Backup Tool** offers support for multiple backup formats, providing you with flexibility depending on your needs. The supported formats are:

# 1. PST (Personal Storage Table):

 A widely-used format for storing emails, contacts, calendars, and other data in Microsoft Outlook. This format allows easy data recovery and can be imported into Outlook.

# 2. EML (Email Message Format):

 Ideal for backing up individual emails. EML files are compatible with several email clients, including Outlook and Thunderbird.

# 3. EMLX (Apple Mail Email Format):

 A format used by Apple Mail to store email messages. If you're migrating from Office 365 to Mac-based email clients, EMLX is the perfect format for compatibility.

# 4. MBOX (Mailbox Format):

 Commonly used by many email clients like Thunderbird, Apple Mail, and others. MBOX allows you to back up entire mailboxes, including attachments, and is perfect for bulk email storage.

# 5. MSG (Microsoft Outlook Message Format):

- The MSG format stores individual Outlook messages. It's great for users who need to save specific emails from their Office 365 account for later use.
- 6. vCard (VCF Format):
  - vCard format is used to store contact information. If you need to back up your Office 365 contacts, this format allows you to export them easily, making them accessible across multiple platforms and devices.

#### **Supported Migration Destinations:**

The **Regain Office 365 Backup Tool** offers a comprehensive solution for data migration, allowing you to transfer your Office 365 mailbox data to multiple platforms:

#### 1. New Office 365:

 Migrate your Office 365 mailbox data to a new Office 365 account effortlessly. This is especially useful for users migrating between different Office 365 subscriptions.

#### 2. Gmail:

 Migrate your emails, contacts, and calendars from Office 365 to Gmail, making the transition between email services seamless and efficient.

#### 3. Yahoo Mail:

 Migrate Office 365 mailbox data to Yahoo Mail with ease, ensuring your important emails and contacts are available in your new account.

#### 4. AOL Mail:

• Transfer your Office 365 data to AOL Mail, ensuring that your emails and attachments are safely moved.

#### 5. Hotmail:

 Migrate emails, contacts, and calendar entries from Office 365 to your Hotmail account.

#### 6. Zoho Mail:

• Office 365 users can migrate their data to Zoho Mail using this tool, ensuring smooth data transfer without any data loss.

#### 7. Thunderbird:

• Move your Office 365 data to Thunderbird, a popular open-source email client, with full mailbox support and folder structure preservation.

## 8. Google Workspace (G Suite):

 Migrate your Office 365 data to Google Workspace, ensuring a smooth transition to G Suite's suite of productivity tools and Gmail.

#### How It Works:

## 1. Download and Install:

• Begin by downloading the **Regain Office 365 Backup Tool** from the official website and follow the on-screen instructions to install the software.

## 2. Log In to Your Office 365 Account:

 Open the tool and log in to your Office 365 account using your credentials. The software will securely connect to your Office 365 account and fetch your mailbox data.

#### 3. Select Mailboxes or Folders:

• Choose the specific mailboxes or folders you want to back up. You can select entire mailboxes or specific folders, depending on your needs.

#### 4. Choose Backup Format:

 Select the format in which you want to back up your data (PST, EML, EMLX, MBOX, MSG, vCard). You can choose the format that best suits your needs or the platform you plan to migrate to.

#### 5. Set Backup Location:

• Select the destination path where the backup will be saved on your local storage or external drive. You can choose a location based on your preferences.

#### 6. Start Backup Process:

 Once you've selected your format and destination, click the "Backup" button to begin the backup process. The software will begin extracting and saving your Office 365 data.

#### 7. Monitor Backup Progress:

• The tool will display a progress bar, allowing you to monitor the status of the backup. You'll receive a notification once the process is complete.

## 8. Migrate Data (If Needed):

If you wish to migrate your data to another platform (Gmail, Yahoo Mail, Zoho Mail, etc.), select the migration option within the software and follow the on-screen instructions to initiate the transfer.

## 9. Restore Data:

 If you ever need to restore the backup, simply open the backup file in the respective email client (Outlook for PST, Thunderbird for MBOX, etc.) and follow the restoration process.

Key Benefits of Using Regain Office 365 Backup Tool:

- **Multiple Backup Formats**: Offers PST, EML, EMLX, MBOX, MSG, and vCard formats to back up data based on your needs.
- **Migration to Various Platforms**: Migrate data from Office 365 to platforms such as Gmail, Yahoo, Hotmail, Zoho, and more.
- User-Friendly Interface: Simple and intuitive design, making it easy for non-technical users.
- Secure Data Protection: Ensures data is backed up securely, reducing the risk of data loss.
- Efficient and Fast: Quickly and efficiently backs up or migrates your data.
- Free Trial Version: Try the software before committing to a full purchase.

With **Regain Office 365 Backup Tool**, you can ensure your Office 365 data is protected and easily migrated to various platforms. Whether you're backing up, restoring, or migrating, this tool provides a seamless and reliable solution for all your Office 365 data management needs.