

# Regain for Office 365 Export Tool Working Guideline

Regain Office 365 Export Tool is a comprehensive solution designed to export Office 365 mailbox data to various file formats and email platforms. It is ideal for users looking to back up their Office 365 emails, migrate to another email service, or store data locally for compliance and archiving purposes.

## What is the Use?

This [Office 365 Export tool](#) allows you to extract complete Office 365 mailbox content including emails, contacts, calendars, and attachments, and save them to multiple formats. It supports direct migration from Office 365 to several email platforms and also enables you to create offline backups in universally supported formats.

## Key Benefits:

- **Multi-Format Export:** Save Office 365 mailbox data in PST, EMLX, EML, PDF, MSG, MBOX, ICS, VCF, and more
- **Wide Platform Compatibility:** Export mailbox to Gmail, Bluehost, eM Client, Zoho Mail, Yahoo! Mail, AOL, Amazon WorkMail, GoDaddy, and all IMAP-supported clients
- **Complete Mailbox Export:** Includes emails, contacts, calendars, tasks, and more
- **Selective Export:** Filter by folder, date range, or item type
- **Maintains Data Integrity:** Keeps folder hierarchy, metadata, and email formatting intact
- **Bulk Export Support:** Export multiple mailboxes in one session
- **Secure Authentication:** Supports modern login protocols including OAuth and MFA
- **User-Friendly Design:** Simple UI suitable for both individuals and IT administrators

## How to Use:

1. Launch [Regain Office 365 Export tool](#) and sign in with your Office 365 credentials
2. Choose the mailbox or folders you want to export
3. Select the desired file format or destination email platform
4. Apply filters if needed (date range, folders, etc.)
5. Click **Export** to begin the process

Regain Office 365 Export Tool is a powerful, flexible, and secure way to manage your Office 365 data migration and backup needs.