

Implementation Phases

1

Project Kick-off

- Envisioning workshop to understand how Viva Insights will be used to measure and improve digital wellbeing
- Identify organizational needs
- Identify goals
- Skills assessment

2

Set up Viva Insights

- Identify user groups
- Prepare organization data: required and optional attributes, subsequential uploads
- Load organizational data to Viva Insights

3

Understanding Viva metrics and its link to digital wellbeing

- Workshop and hands on training to ensure managers have the necessary skills to understand and utilize data

4

Collecting data

- Teams and managers working, data is collected
- Sulava facilitation available if needed

5

Wrap-up workshops

- Analyze the first results with the core team
- Ensure quality of data
- Leaders and managers workshops to understand the first results and plan the next steps

6

Report and recommendations

- Report and analysis on pilot results and findings
- Impact on digital wellbeing
- Sulava's proposal for full deployment