

# SysTools Zoho Backup Tool

Best solution to backup zoho emails to multiple file formats

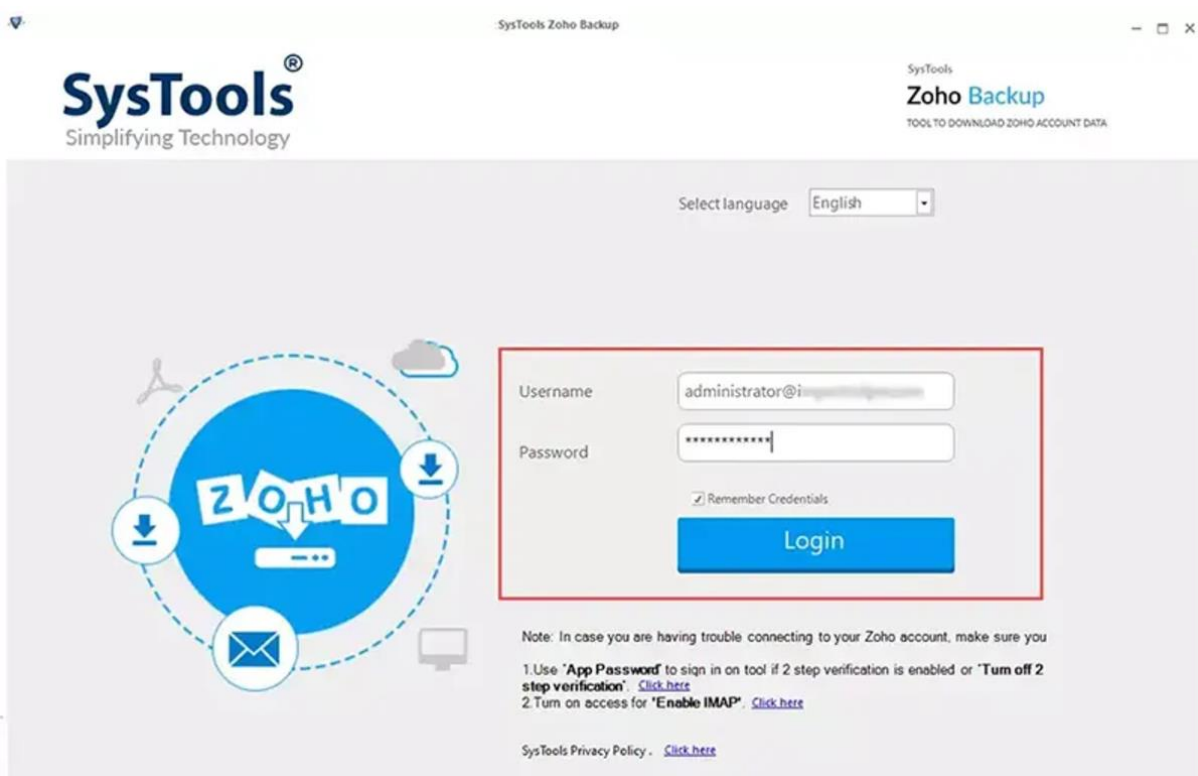
SysTools Zoho Backup Tool is a professional utility designed to securely back up Zoho Mail data to local storage. It allows users to download and save their Zoho emails in multiple file formats such as **PST, EML, MSG, MBOX, and PDF**. This tool ensures data safety, providing a reliable solution for email archiving, data migration, and disaster recovery. With advanced filters, folder selection options, and incremental backup features, the tool is perfect for both personal and enterprise use.

**Note:** Visit SysTools Official Webpage of [Zoho Backup Software](#)

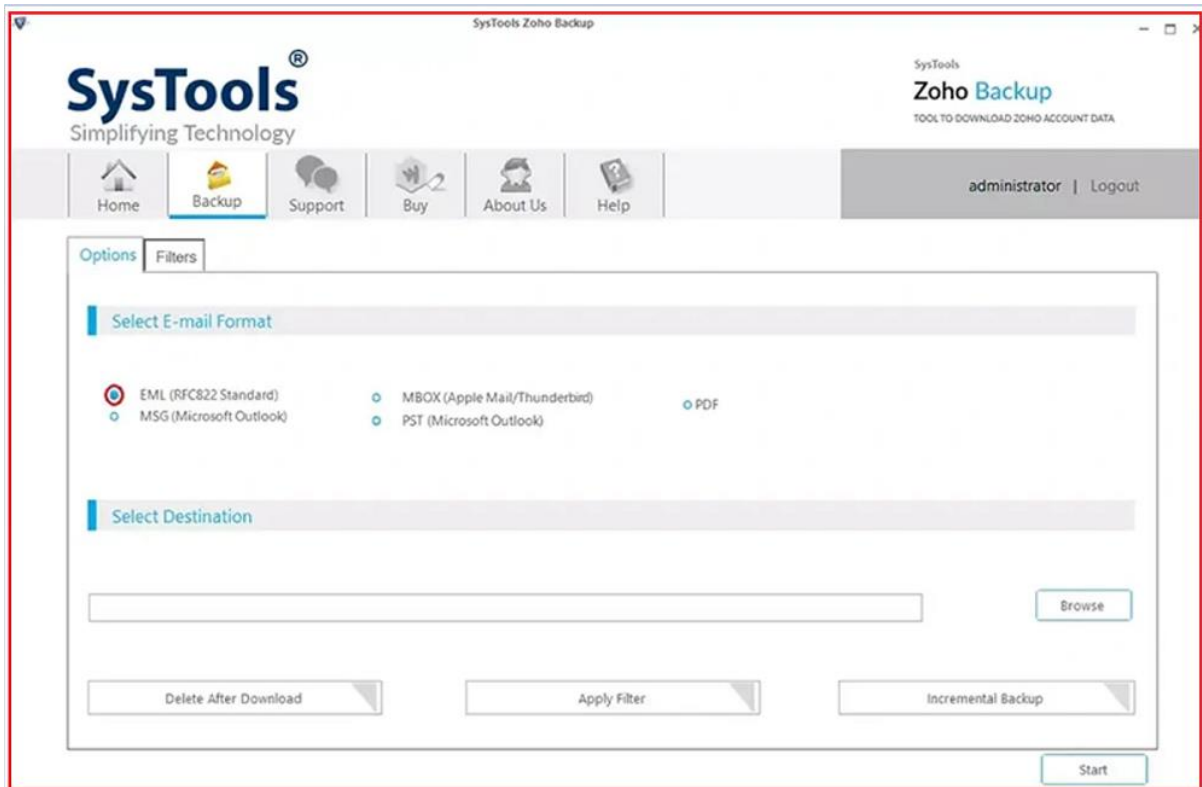
## Steps to Backup Zoho Mailbox and Save Locally

All the instructions are listed below, simply follow and backup Zoho mailbox and save in multiple file format. Visit official webpage and download the utility and then install.

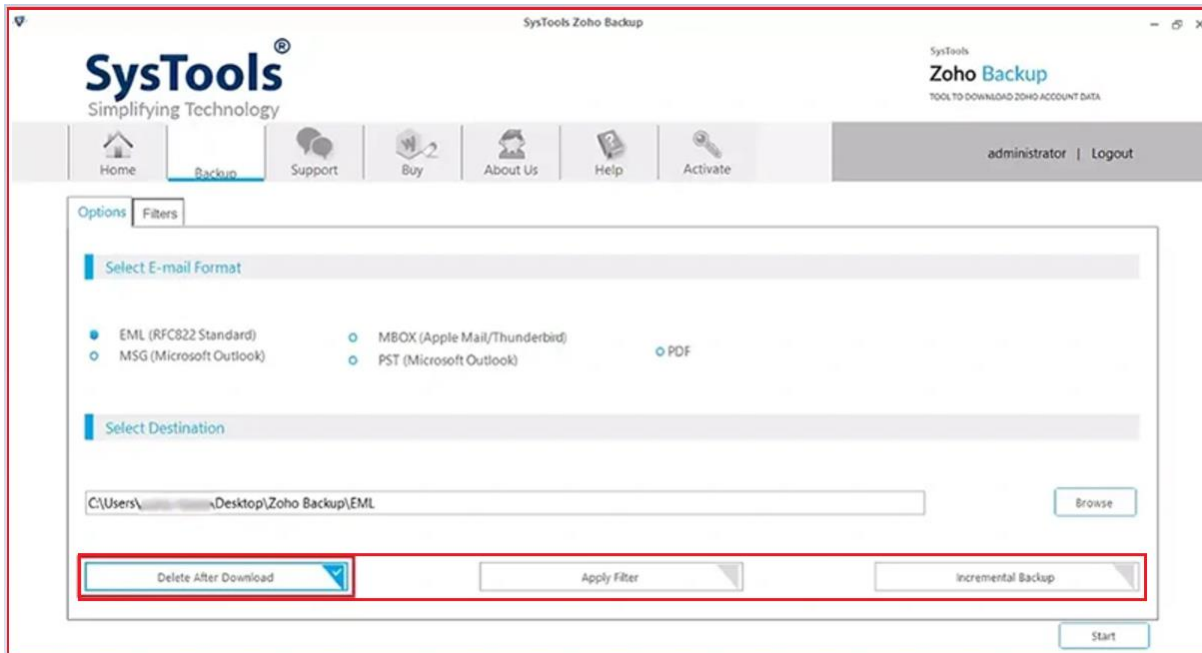
**Step-1:** Download the SysTools Zoho Backup Tool and Install on your system. Once the software is launched, Provide the credentials for the Zoho Mail account.



**Step-2:** After loading mailbox in the software UI, choose one file format from EML, PST, MSG, MBOX, PDF file format. Here I am starting with EML file format.



**Step-3:** Browse path to save backup file locally and apply advanced filters if required.



**Step-4:** Software will display the backup process report. Wait till it complete to 100%.

The screenshot shows the SysTools Zoho Backup interface. The progress indicator is a donut chart at 50%. The current folder name is 'INBOX'. The status is 'Connected'. The counts table shows 45 mail items. The rate is 29.35 items per minute. The destination path is 'C:\Users\...Desktop\Zoho Backup\EML'. A 'Pause' button is visible.

Item Name	Count
Mail Count	45

Rate
29.35 Items per Minute

Current Folder Name: INBOX

Status: Connected

Destination Path: C:\Users\...Desktop\Zoho Backup\EML

Pause

**Step-5:** Click on the destination location to view the Zoho Mail file.

The screenshot shows the SysTools Zoho Backup interface. The progress indicator is a donut chart at 100%. The current folder name is 'Spam'. The status is 'Download Completed Successfully!'. The counts table shows 100 mail items. The rate is 49.59 items per minute. The destination path is 'C:\Users\...Desktop\Zoho Backup\EML', which is highlighted with a red box. A 'Complete' button is visible.

Item Name	Count
Mail Count	100

Rate
49.59 Items per Minute

Current Folder Name: Spam

Status: Download Completed Successfully!

Destination Path: C:\Users\...Desktop\Zoho Backup\EML

Complete

## Final Points

- **Multi-Format Backup:** Export Zoho emails to PST, EML, MSG, MBOX, and PDF formats for versatile usability.
- **Selective Folder Backup:** Customize the backup process by choosing specific folders.
- **Advanced Filtering Options:** Filter emails by date range or folder type to back up only the required data.
- **Incremental Backup:** Ensures efficient backups by skipping already downloaded emails.
- **Preserves Email Properties:** Retains metadata, attachments, and folder hierarchy during the process.
- **Pause and Resume:** Flexible options to handle backup interruptions.
- **Secure Authentication:** Supports OAuth for secure login without saving credentials.
- **Windows Compatibility:** Works seamlessly on Windows 11 and earlier versions.
- **Disaster Recovery Ready:** Provides a reliable solution for safeguarding Zoho emails during unforeseen situations.

SysTools Zoho Backup Tool is an essential solution for businesses and individuals looking for a secure, efficient, and customizable way to back up their Zoho Mail data.